A Brief Guide for Families, Organizations and Public Officials

Resources to inform, support and prepare families for a possible return to Mexico

HEALTH

The public healthcare system in Mexico is complex and fragmented but it can provide basic services to anyone who is Mexico, on a temporary basis. Uninsured individuals can enroll in the government subsidized system called Seguro Popular. An official form of Mexican identification is required to enroll in the Seguro Popular system, however, Mexican citizens and foreigners without a form of ID, can receive free services for 90 consecutive days. Depending on the location, you may encounter that this temporary enrollment option is not known by all Seguro Popular personnel. This will require the person who is seeking services to be persistent and ask the supervising staff to review the Seguro Popular enrollment guidelines.

It is recommend to contact a civil society organization to receive more information about government and community health services.

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Instituto para las Mujeres en la Migración A.C.